



FAMILY FIRST PREVENTION SERVICES ACT

The **vision** for Family First is to **keep children safe, strengthen families and reduce the need for foster care** whenever it is safe to do so.



**WE KNOW SOME
OF THE PIECES,**

but we're still figuring out
many of the pieces.





PREVENTION UPDATES



**WHO IS ELIGIBLE FOR TITLE IV-E
PREVENTION SERVICES FUNDS?**

- A child (*and their caregivers*) who is identified as a candidate for foster care who can remain safely at home or in a kinship home and is at imminent risk of entering foster care
- A child in foster care who is pregnant or parenting
- A child whose adoption or guardianship arrangement is at risk of a disruption/dissolution and includes post-reunification services



TITLE IV-E PREVENTION SERVICES CLEARINGHOUSE

RANKINGS OF INITIAL LIST OF SERVICES

Well-Supported (1)

- Parent-Child Interaction Therapy
- Multisystemic Therapy
- Functional Family Therapy
- Nurse Family Partnership
- Parents as Teachers
- Healthy Families America

Supported (2)

- Families Facing the Future

Promising (3)

- Trauma-Focused Cognitive Behavioral Therapy
- Methadone Maintenance Therapy

Does Not Meet Criteria

- Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)
- Children's Home Society of New Jersey Kinship Navigator Model
- Multisystemic Therapy for Child Abuse and Neglect

Not Yet Rated

- Motivational Interviewing

TITLE IV-E PREVENTION SERVICES CLEARINGHOUSE

CURRENT LIST OF SERVICES UNDER REVIEW

Mental Health Prevention Treatment Services

- Attachment and Biobehavioral Catch-Up
- Brief Strategic Family Therapy
- Child Parent Psychotherapy
- Incredible Years
- Interpersonal Psychotherapy
- Multidimensional Family Therapy
- Solution Based Casework
- Triple P – Positive Parenting Program

Substance Abuse Prevention Treatment Services

- Brief Strategic Family Therapy
- Family Behavior Therapy
- Multidimensional Family Therapy
- Seeking Safety
- The Seven Challenges
- Motivational Interviewing

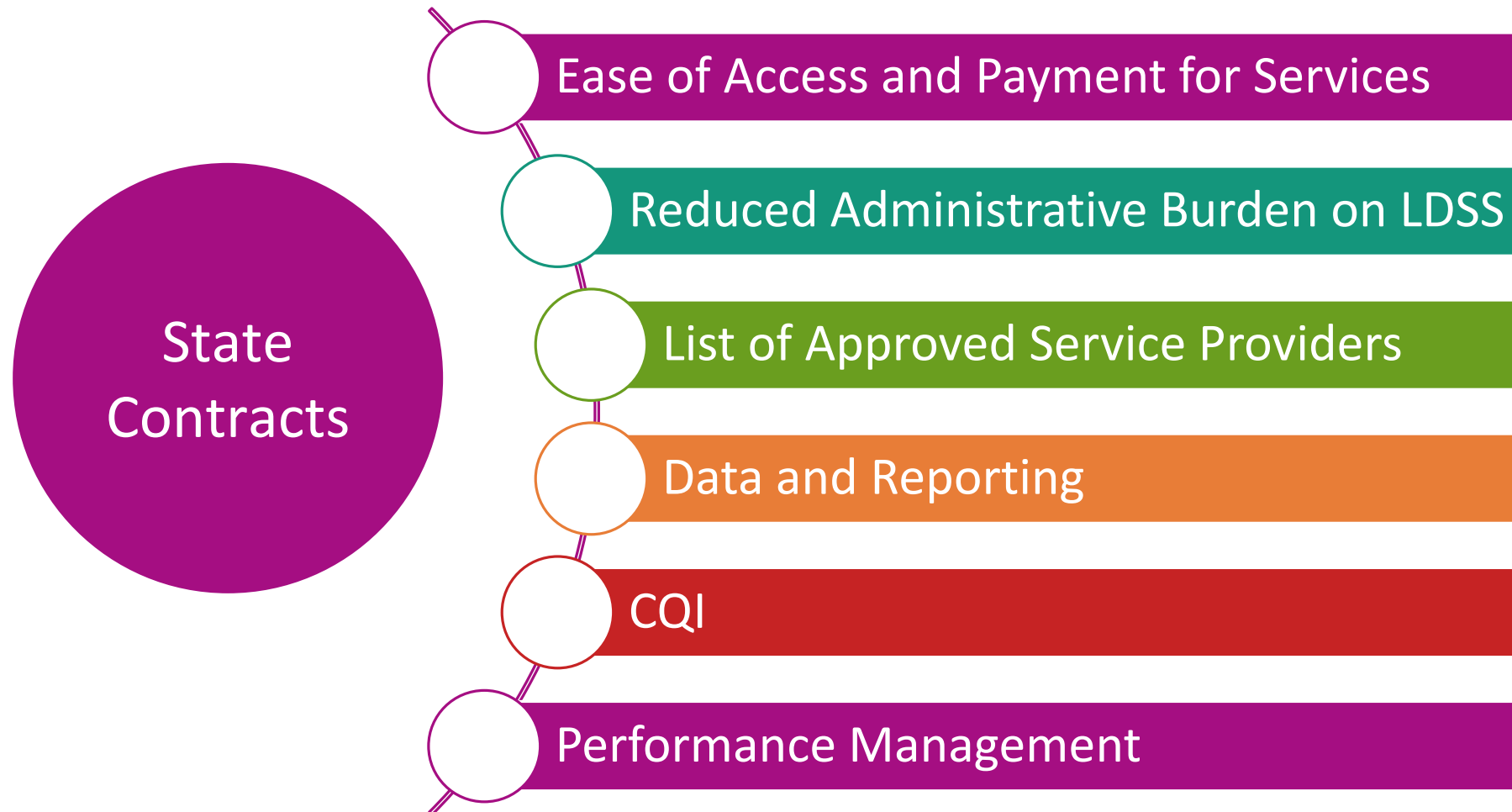
In-Home Parent Skill-Based Programs

- Attachment and Biobehavioral Catch-Up
- Brief Strategic Family Therapy
- Homebuilders
- Multidimensional Family Therapy
- Nurturing Parenting
- SafeCare

Kinship Navigator Programs

- Ohio's Kinship Supports Intervention/ProtectOHIO
- YMCA Kinship Support Services, YMCA Youth and Family Services of San Diego County

STATE CONTRACTS FOR PREVENTION SERVICES



EVIDENCE BASED TRAINING



- Multisystemic Therapy (MST),
- Parent Child Interaction Therapy (PCIT), and
- Functional Family Therapy (FFT)

Timeline:

- November 6, 2019: Informational Webinar for EBS Training
- November 11, 2019: Applications posted for 30 days
- November 19, 2019: Informational Webinar for EBS Applications
- January 17, 2020: Participants notified of acceptance
- March – June 2020: Trainings Offered

FOSTER CARE PROGRAM CHANGES

WE BELIEVE THAT CHILDREN DO BEST WHEN RAISED IN FAMILIES



After a two-week grace period, Family First limits IV-E Maintenance Payments to:

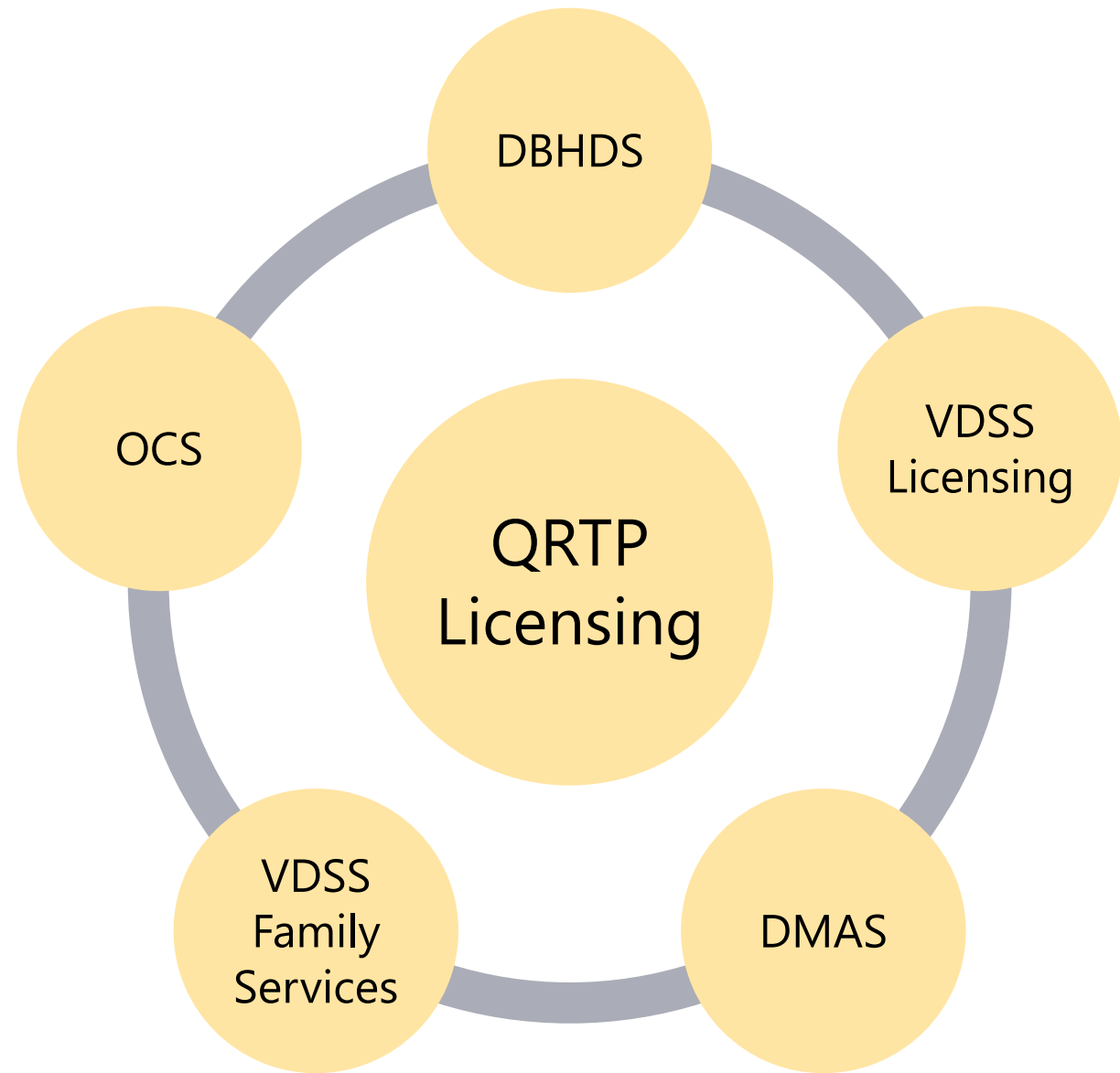
- Family and kinship foster homes
- Placements for pregnant or parenting youth
- Supervised independent living for youth 18+
- Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- High quality residential placements and support services for victims of sex trafficking
- Family-based residential treatment facility for substance abuse *(beginning October 2018)*

**Current AFDC requirements remain unchanged

The graphic features a central black rectangle with the text 'QRTP UPDATES' in white. This rectangle is set against a background of a blue gradient. To the left of the black rectangle is a white L-shaped outline. Below the black rectangle is a horizontal purple bar. The overall design is modern and minimalist.

QRTP UPDATES

QRTP licensing in Virginia



QUALIFIED RESIDENTIAL TREATMENT PROGRAM (QRTP)

- QRTP Designation Webinar November 5th
- QRTP Application anticipated to be available Week of November 11th
 - Will be sent to all participants of Webinar, posted on public site (familyfirstvirginia.com), and sent through various listservs
- Intra Agency meetings occurring biweekly (DMAS, OCS, DBHDS, VDSS)
- Licensing partners are working towards incorporation into licensing regulations
- Beginning to focus on the QRTP Assessment Process
- CIP trained approximately 600 local attorneys and GAL's on new QRTP Court Process

The image features a solid blue background. A white, thick, L-shaped line is positioned on the left side, forming a partial frame. A black rectangular box is centered horizontally and partially overlaps the white line. Inside this black box, the text "VDSS UPDATES" is written in a bold, white, sans-serif font. Below the black box, a horizontal purple bar is visible, extending across the width of the black box.

VDSS UPDATES

VIRGINIA DEPARTMENT OF SOCIAL SERVICES PROGRAMMATIC CHANGES

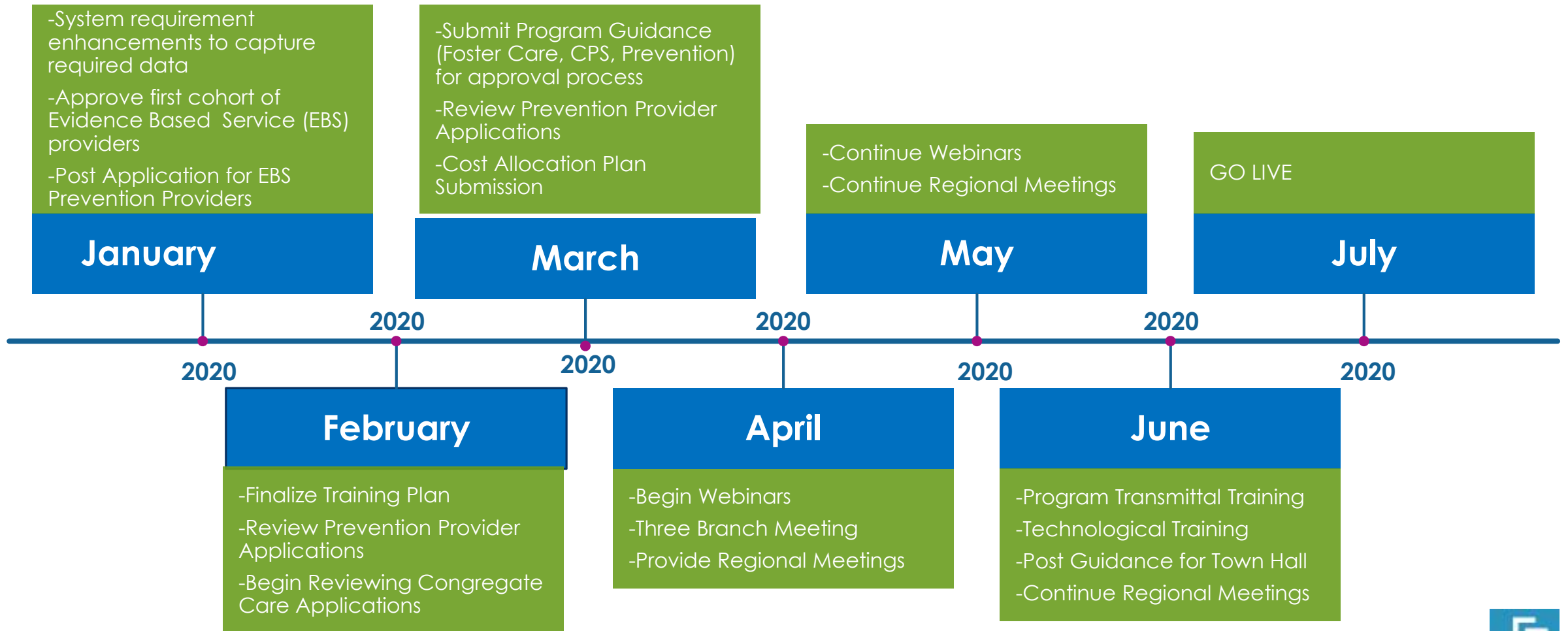
- Generating requirements for technology changes
- Submitting Title IV-E Prevention Plan
- Updating PA Cost Allocation Plan
- Creating necessary finance systems/processes
- Hiring a curriculum developer/trainer
- Meeting regularly with our local advisory groups (Prevention, CPS and Permanency)
- Beginning to draft Family First Guidance (to include workflows of processes)

FAMILY FIRST TRANSITION ACT

Proposed Federal Legislation

- Phase-In of 50% “Well Supported” requirement
- Transition funding to help states implement Family First
- Short term funding certainty for states with expiring waivers

Family First Prevention Services Act of 2018 Implementation Updates



TO DO:

- ❑ Consider establishing a local Three Branch Team
- ❑ Visit the new Family First website (familyfirstvirginia.com) for critical updates
- ❑ Reach out to the Family First Team if you have questions (familyfirst@dss.virginia.gov)

Email: familyfirst@dss.virginia.gov

Website: Familyfirstvirginia.com

FAMILY FIRST TEAM

Carl Ayers – Director, Division of Family Services

Elizabeth Lee – *Project Manager*

Jim Fiske – *Financial Consultant*

Terri Higgins – *Project Coordinator, Evidence Based Capacity Building*



VIRGINIA DEPARTMENT OF
SOCIAL SERVICES

